

NEXT BRANCH MEETING: Tuesday 10th October, 10am, at the Kalamunda Church of Christ Multifunction Centre, 22 Mileti Road, Lesmurdie.

**NOTE – NOVEMBER MEETING WILL BE THE LAST FOR 2023.
CHRISTMAS LUNCH IN DECEMBER.**

MANAGEMENT COMMITTEE

Richard Arnold: President 0407 945 465	Clare Arnold: Social Planner 0407 945 465
Tony Crowder: Vice President 9257 2520	Maureen Moffett: Speaker Planner 0427 084 422
Chris Milne: Secretary 0475 582 118	Noreen Townsend: Newsletter Editor 0418 952 076
Patricia Skinner: Treasurer 0428 611 835	Clive Riste: Committee Member 0419 044 611

GUEST SPEAKER

Professor Ray Martins AO- Researcher – ECU

Foundation Chair in Aging and Alzheimer's Disease at Cowan University.

Subject "Advances in Early Diagnosis, Prevention and Treatment of Alzheimer's disease.

Western Australia is a world leader in Alzheimer's Disease

ACTIVITIS PLANNED FOR OCTOBER, NOVEMBER AND DECEMBER.

Pines restaurant lunch Wednesday 18th October 11.00 AM

Departing Thai on the Hill we travel to the very popular Pines Restaurant at Bentley TAFE. The Pines have a fantastic 3 course lunch with full service. Because we are looking for ways to reduce the cost of coach tours, we have decided to do this trip in reverse which removes the need for morning tea, we will travel direct to the Pines for a 11.30am arrival and a 12 noon start to our lunch. Following lunch, we will travel to the Wireless Hill reserve to view the wildflowers before traveling back to Kalamunda by 4.00pm.

Cost includes coach, 3 course Special lunch. **Cost per person \$58.00 Max 40**

URGENT NOTE: Please pay with notes (\$60.00) we will refund you a \$2.00 coin.

Andrew Lloyd Webber Concert on Saturday 21st October 6.30pm from Thai on the Hill. Cost is \$70.00pp Payment due October meeting. Tour is full.

Spring Sausage Sizzle lunch Wednesday 22nd November 11.00 AM

We have booked the beautiful Romancing of the Stone Garden Cnr Lillian and Hawtin Roads Maida Vale for this relaxing day. On arrival time to enjoy a gentle walk-through Tom Hoggs beautiful garden before joining other members for a Sausage Sizzle lunch with salads and dessert. Please bring your own drinks.

Cost includes Sausage Sizzle lunch and dessert. **Cost per person \$10.00pp**

Christmas lunch Tuesday 12th December 11.45 for 12 noon start

Join fellow branch members at the Kalamunda Club for our Traditional 3 course Christmas lunch with 2 choice entree Prawn cocktail or chicken vol au vent, Turkey, Ham and roast vegies or grilled fish with lemon butter sauce and garden salad. Plus, Christmas plum pudding and custard or Pavlova with fruit and cream. As always, our favourite Santa's will be there to give everyone a Christmas gift.

Cash Bar. **Cost per person \$50.00 Min 60 Subsidised by your branch**
Payment at November meeting.

Fremantle and Christmas lights tour Monday 18th December. 5.00 pm

Depart from Thai on the Hill at 5.00pm Travel to Fremantle and our 2 course dinner at Kaillis Café of Grilled or battered fish with chips main and dessert Plus tea/coffee. Next, we travel into the city of Perth to see the many displays of beautiful Christmas lights before returning to Kalamunda by 9.30pm.

Cost includes Fish & Chips, Dessert Plus coffee/tea. **Cost per person \$50.00 pp**

RESIDENTS REPORT

A week prior to me writing these notes I was one of 35 members traveling on the first day of our 3day Vines & Valleys tour. I will leave it to others to judge whether the trip was a success, but the highlight for me personally, other than the places visited was the hospitality extended by the country folk that we encounter. Always friendly and anxious to oblige nothing was too much trouble and their hospitality was a true feature.

Couldn't complain about the accommodation at the Vines resort they went out of their way to oblige and of course their amenities are first class. Clare and I certainly enjoyed ourselves enhanced by the great company of our fellow members. Will there be another trip next year? That probably depends on how many members want to go.

I was in such a hurry to get the notes to Noreen last month so she could complete the newsletter that I didn't have time to acknowledge the pleasure I experienced in presenting Appreciation awards to Pat Miller and Elaine Turnbull for their years of service as branch greeters. Pat also is responsible sending out our mail newsletters and Elaine is always there to help the tea lades clear away after morning tea. Its members like these that insure the smooth running of our monthly meetings. Thank you, Pat and Elaine.

I have always believed that it is the job of the President to know all of what is going on in the branch, but I must confess that I had no idea what Tony was going to do when he took the mic and presented me with the "Graeme Piggott - Certificate of Appreciation". I must admit to feeling a little guilty at accepting an award for doing something I love doing, but I do feel honoured when I see the award hanging on my office wall.

Now that I have caught up on last month's news, we can have a look at what is happening in the future. On the 21st of October we will be doing something completely new for our branch, and that is a group of 15 members will attend a concert at the Heath Ledger Theatre in Perth traveling to and from on the small bus made available by the City of Kalamunda. Unfortunately, this is the passenger limit of the bus as we had others that wanted to go, but we must be grateful that the bus is provided free of charge.

I'm sure the outing will be a great success and the forerunner to similar outings in the future. I believe that an outing does not have to have a great number of participants to be successful often an event may only appeal to a limited number, but this should not mean we do not participate. This may lead to more than one outing a month becoming a regular thing but would require more members being involved in the preparation of events and is why I have called for some general committee members to join our committee. Fortunately, we have had our first volunteer, Clive Riste has stepped forward and it was our pleasure to welcome him to our recent committee meeting. I would appreciate comments on this subject.

Unfortunately, cost is an ever-present problem these days. So sometimes there may be a need to set odd amounts to be collected for a particular event. Please make note of any request for a particular amount to be paid so we can have a smooth running of our tour desk at meetings. Your cooperation helps the already over worked people on the front desk.

Such an occasion will be needed for payment for our trip to the Pines Restaurant lunch, PLEASE PAY WITH NOTES OF \$60, you will be refunded \$2 change.

That's all for this month, Noreen is patiently waiting for my copy so she can finish the Newsletter and get it to Chris to be proofed and taken to the printer then delivered to Pat who folds them, adds the labels & stamps for posting and Chris can send out the email version. Yes, this happens every month rain, hail or shine.

See you at the October meeting.
Richard.

3 Day Vines and Valleys tour report

This is the fourth 3 day trip our members have shared. All have been very different, and the places visited varied, but all have shared the great interest and participation of our members.

This trip like the others had a good mix of places and activities which usually has something for everyone. Apart from the fantastic Vines venue and the excellent service they gave there was that magnificent breakfast buffet.

Sometimes the trip highlights come from the least expected places. Like the packing shed which is the biggest Citrus packing shed in the state with its state-of-the-art technology which endeavours to provide the best fruit possible to the supermarket. Or the Little Eeden farm and apiary where we had a great lunch, then heard the story of how it all started and enjoyed a taste of their beautiful natural honey. Let's not forget the fun things like our quiz night, with the prize for providing the most fun going to the Mini golf. Most decided we need to do the Mini golf again, next year.

Photos from our three day trip.



Bindoon Museum



Gomboc Gallery Sculpture Park



Little Eeden Honey Farm



Swan Valley Station



Old flower mill, Northam.

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