



Message from the President

Hi all. What a rude shock it was taking over as President when Peter handed me the handover checklist which filled an A4 sheet. This was after telling me that there is nothing to the President's job!

Let me introduce myself as some may be wondering who this new guy is. My wife Liz of 50+ years, and I moved into Forest Lake 9 years ago having both retired and wanting a single level house as we realized that stairs could be difficult as we got older. I trained as an analytical chemist and worked in industry and for local authorities. My wife is a retired Maths teacher having taught at St Peters and Westside Christian College. I joined the Men's Shed here in Forest Lake (before we had a shed) and served as Treasurer and then Vice President. Liz has been involved in various groups in Forest Lake and is currently the Secretary of the Forest Lake Crafter's Group.

Thanks to all those who helped this newbie after only a week on the job. Can I remind you of upcoming events, Breakfast in the Park on Friday 6th, lunch at Cafe 63 later this month, please put your name down if you have not already done so. Also our Christmas Lunch on the 30th November, please put your name down and pay at the October Meeting

Regards Brian



D Baldwin
L Ball
V Bentley
P Cockle
P Dunell

J Houghton
I Jans
C Japuncic
R Martens
L Martin

J Shepherd
M Stephenson
M Taylor

THE TERRACES RETIREMENT VILLAGE
34 TEWANTIN WAY, FOREST LAKE 4078



19TH OF NOVEMBER 2023
SUNDAY
10AM - 2PM

Upcoming Events

October

Spring Breakfast in the park

DATE: Friday 6th
WHERE: Lakeside Parklands, Forest Lake
TIME: 7.30am
COST: Free

Seniors Expo

DATE: Wednesday 11th
WHERE: Riverlife, 17 Mile Rocks
TIME: 8.15am
COST: Free

Bookings are essential. See attached flyer.

Branch Meeting

DATE: Thursday 12th
WHERE: Hotel Richlands, 132 Government Road, Richlands

Speaker Spencer Howson (My Life in Radio)

Pay for Christmas Party Lunch

Names down for Centenary Theatre Group

Matinee

TIME: **Entry 9.30am**, 10.15am meeting starts
COST: \$8.00

Lunch at Café 63

DATE: Thursday 26th
WHERE: Café 63, Richlands
TIME: 11.30am
COST: Own expense

November

Branch Meeting

DATE: Thursday 9th
WHERE: Hotel Richlands, 132 Government Road, Richlands
Remembrance Day (11th)
TIME: **Entry 9.30am**, 10.15am meeting starts
COST: \$8.00

Centenary Theatre Group Matinee

DATE: Sunday 19th
WHERE: Chelmer Community Centre
TIME: TBA
COST: \$18 (pay at door)

Branch Christmas Party

DATE: Thursday 30th
WHERE: Gailes Golf Club, 299 Wilruna St, Wacol
TIME: 11.30am
COST: \$50 Members \$65 Non Members



We strongly encourage Members to pay via Internet banking or depositing payment over the counter at Heritage Bank Forest Lake.

Trips Payment

Bank Transfer & Direct Deposit

Account Name: National Seniors Australia Forest Lake Branch Inc

Bank account details: BSB-638 070
Acc No-12471674

Please include your name & event name on the transfer and receipt for identification.

Example – Smithx1Xmas party
Surname (Smith)
Number going (1)
Event (Branch Christmas Party)

EFTPOS

The Branch has a "Square card" hand-held EFTPOS machine to take payments. Members wishing to pay by card using this method can do so at Branch Meetings. Receipts will be emailed. Please note payment via this method will incur a surcharge of 1.9%.

Cash or Cheques

To assist the trips desk please write on an envelope:

Your name
Trip details
Payment amount
Dietary requirements

Joe Smith
Branch Christmas Party
\$50
Gluten Free

Seal your payment inside the envelope and hand it to the trip's desk.
Unless it is in an envelope as stated above the trips table will not accept any payment.
Full Payment will be due at the monthly meeting prior to the trip.

Branch Refund Policy

Cancellation of an outing

The branch policy for late cancellations. Notify the Secretary or Treasurer 48 hours beforehand. A Medical Certificate will be required to receive a refund if notification is 24 hours or less. In the case of a sudden medical emergency on the day which cannot be prevented, the Management Committee will consider the matter with respect to a refund.

When we have to book seats on a bus or give numbers for a booked luncheon and are still required to pay even in the case of a cancellation by a member a refund will not be provided. In the event of an activity/outing being cancelled due to some unforeseen circumstance beyond our control, eg: storm, transport breakdown, etc, and cannot be rescheduled, members will be refunded any monies paid.

From the Activities Group

Thursday 28th September - Meeting plus AGM followed by Dr Melanie Meyers speaking to us about her book "Meet me at Lennox" about the war years in Brisbane - very interesting times and certainly an eye-opener for us all.

Friday 6th October - FREE Spring breakfast in Lakeside Parklands Forest Lake 7.30-for 8.00am start. Thirty-three have registered so far and no doubt we will have a great time, as we did last year. Great Park.

Thursday 26th October - Lunch at Café 63 Richlands - names please for booking purposes, own cost.

Wednesday October 11th - FREE over 50's Expo including morning tea + lunch at Riverlife, Jennifer Street, Seventeen Mile Rocks. Four great speakers, 60 information booths. Raffle tickets at the door - GREAT prizes, which will be displayed on the board at lunch time plus screen inside auditorium.

Thursday 12th - General meeting and our speaker will be Spencer Howson "My life in Radio" Will be a great morning.

Wednesday 9th - General Meeting plus Remembrance Day (11th)

Sunday 19th November Centenary Theatre Group Matinee - George Bernard Shaw's Pygmalion - which led to the movie "My Fair Lady." Carpool, or take the train to Chelmer Station. Location Community Centre, Cnr. Queenscroft & Halsbury Street, Chelmer. \$18.00 to pay at door. We have a block booking so NAMES DOWN PLEASE

Thursday 30th November - Christmas Lunch at the Gales Golf Club. \$50 (subsidized by \$10.00) + \$65.00 for non-members. Be there by 11.30am for lunch at 12.00. THERE ARE SOME STAIRS - SORRY. (Names down and to pay at October meeting please).

Lynne Ball + Activity team

September Branch Meeting

Busy, busy meeting, with wonderful acknowledgments and thanks to our outgoing Executive and Committee members. The contributions of this group have been immense over many years. Special thanks to retiring President Peter who had to steer the Branch through Covid times and has kept members up to date with all things relevant to our membership. Special thanks to Linda (don't go Linda was the plea) for her outstanding contributions in so many areas. Special thanks to Vera our retiring Vice President. This position is now vacant looking for someone to put their hand up.

Welcome to the new members, congratulations also to members celebrating birthdays in September. Many thanks to all who support the raffle and a huge thank you to Barry (and his lovely wife Judy) for years of faithfully selling the raffle tickets. Barry has gone into retirement and the position is up for grabs for anyone willing to take it on. After a short break the AGM took place with the successful nominees taking their seats at the long table. Thanks to Dan, Returning Officer for the AGM. We have a new President, welcome Brian and best wishes for your time in this important role. Do some gavel practice before the next meeting. Welcome back our amazing Treasurer, Colin and Secretary Janelle. Thank you Norah for your super supporting role and willingness to continue. Welcome back Activity Coordinator Lynne & Anne our Membership Officer. Welcome to Lorraine our new Publicity Officer. Special thanks to our merry band of volunteers, a great group of members with lots to do before and after meetings. After a few technical issues to be sorted we sat back and enjoyed our guest speaker, Dr Melanie Myers. Through interesting slides she took us all on a trip down memory lane of the period of time during WWII when our fair city was occupied by large numbers of US soldiers. A well researched, eye opening and truly amazing story.



Newsletter, Agendas & Minutes of previous meetings

Email Members will be sent these in the pre-meeting email, **please print them out & bring with you if you wish to have a copy at the branch meetings**

Non-Email Members will have a copy of the newsletter reserved for them for pick up at the entry desk. The Newsletter is also available online at (nationalseniors.com.au/getinvolved/branches/forest-lake) & on our Facebook group page "Forest Lake Branch National Seniors Australia Group" If you are on Facebook go to the Branch Facebook Page (**Forest Lake National Seniors Australia**) and click on "Join Group"

Laughter is the best medicine

The plumber said:
"Why haven't you paid the bill for the work I did last Friday".

Paddy replied:
"Well it was not what you quoted"

The plumber said:
"I didn't give you a quote?"

Paddy replied,
"Yes you did! when I asked what day you could come? you said you were free on Friday!"

My face in the mirror isn't so wrinkled or drawn.
My house isn't dirty,
and the dust is all gone.
My garden looks lovely,
and so does my lawn.
I think I might never
put my glasses back on.

Brain Tester

What common phrase could fill in the blank line?"

The E's feet.

The D's ankles

The C' shins

The A's thighs

Answer to above puzzle will be disclosed at the October Branch meeting.

THE BUTCHERBIRD

A female butcherbird built her nest
There, in one of our hanging baskets
She picked a spot, unfortunately not best
Because her mate bombed us as targets
Both birds fed their young offspring
With tasty titbits from out of our garden
But the male would attack on the wing
Without as much as "beg your pardon"
Each time we ventured into his domain
He would swoop on us like a banshee
And we had to live with his terror reign
Making our garden trips less then carefree
The male's attacks finally drew blood
When he punched a hole in my wrist
And though we admired this male stud
We had to find some way to co-exist
With no fear even when we uttered a shout
He would still attack, finding anything pink
Precautions had to be taken when going out
His swooping bombing really made us think
A simple answer came from our Ned Kelly
A bucket over the head, with a slot to see
Although once on it could get a little smelly
But a bucket and gloves stopped his spree
The line of attack then spread elsewhere
And his unfortunate target became passers-by
Quite often you would hear someone swear
As the butcherbird swooped down from the sky
His reign of terror finally came to an end
When his chicks grew and flew from the nest
At last the protector had nothing to defend
And we were able to relax after his horror fest

October		
Friday 6th	Spring Breakfast—Lakeside Parklands, Forest Lake	Free
Wednesday 11th	Seniors Expo, Riverlife Seventeen Mile Rocks	-
Thursday 12th	General Meeting, Richlands Tavern. Speaker: Spencer Howson (My Life in Radio)	\$8
Thursday 26th	Lunch at Café 63, Richlands	Own expense
November		
Thursday 9th	General Meeting at the Richlands Tavern 9.30 for 10.00 am start Remembrance Day (11th)	\$8.00
Sunday 19th	Centenary Theatre Group Matinee George Bernard Shaw's "Pygmalion" which led to the movie "My Fair Lady" - carpool, train to Chelmer Station. Location Community Centre, Cnr Queenscroft & Halsbury Street, Chelmer. Pay at door.	\$18.00
Thursday 30th	Branch Christmas Party Gailes Golf Club, 299 Wilruna Street, Wacol.	\$50 M \$65 NM

Members Welfare

Do you know of any Members who are unwell, had a bereavement in the family or feeling down? Often, we are not aware so if you know of any Members, please let our Welfare Officer know. Lorraine H has kindly taken on this important role again for our club this year. You can contact her on 0409275016.

Committee Members

Branch email - nsaforestlakesec@gmail.com

President - B Waldeck - 0407113126

Vice President - Vacant

Secretary - J Jaraminas - 0402097564

Treasurer - C Court - 0426 863 506

Membership - A Kitching - 0417 508 383

Activities - L Ball - 0412 122 161

Publicity - L Horrocks - 04092755016

The Committee would like to thank all the supporters of the NSA Forest Lake Branch for photocopying or printing of newsletters, financial reports and other support material. Thank you to the team at the Office of Anastacia Palaszczuk for the printing of our newsletters each month. A special thank you goes to our volunteers without whom our meetings would not run so smoothly.

Heritage Bank

Community
Branch

People first.

Forest Lake Branch

For all your banking needs see the friendly branch team or contact us on 3412 2360

